



## MATERNITY NON-STRESS TEST (NST) PHYSICIAN REFERRAL

Patient Legal First Name:		Patient Legal Last Name:		Phone #
DOB:	Medical Record #	Schedule Test Date:	Trimester or Weeks Gestation:	

**DIAGNOSIS / REASON FOR NON-STRESS TEST (NST) - *Select all that apply:***
**MULTIPLE GESTATION**

- Twin  
 Triplet

**FETAL COMPLICATIONS**

- Decreased Fetal Movement: \_\_\_\_\_ (fetus#)  
 Poor Fetal Growth / IUGR: \_\_\_\_\_ (fetus#)  
 Abnormal Fetal Heart Rate / Rhythm

**MALPRESENTATION**

- Unstable Lie: \_\_\_\_\_ (fetus#)  
 Breech: \_\_\_\_\_ (fetus#)  
 Transverse and/or  
 Oblique Lie: \_\_\_\_\_ (fetus#)  
 Other type: \_\_\_\_\_ (fetus#)

**MATERNAL REPRODUCTIVE HISTORY**

- Poor Reproductive History  
 Elderly Multigravida  
 Insufficient Prenatal Care  
 History of Fetal Demise

**MATERNAL COMPLICATIONS**

- Oligohyramnios  
 Antepartum Spotting  
 Threatened Pre-term Labor  
 False Labor  
 Premature Labor  
 Post-term Pregnancy  
 Dehydration  
 Nausea/Vomiting  
 Early (before 20 weeks gestation)  
 Late (after 20 weeks gestation)

**Hypertension**

- Pre-existing / Chronic  
 Pregnancy Induced

**Gestational Diabetes**

- Insulin Required  
 Diet Controlled

**Pre-Existing Diabetes**

- Type 1  
 Type 2

 Abdominal Pain - Specify:

Site: \_\_\_\_\_  
 Acuity: \_\_\_\_\_

OTHER - Specify: \_\_\_\_\_

**INSTRUCTIONS**

Fetus # - Enter the # of the fetus affected (Baby A = 1; Baby B = 2). Enter "0" if a single fetus or unknown which fetus is affected.

Ordering Practice Name: \_\_\_\_\_

Address: \_\_\_\_\_

 Phone: \_\_\_\_\_  Phone Results  Routine  Stat

 Fax: \_\_\_\_\_  Fax Results Copy Report To: \_\_\_\_\_

PATIENT ID LABEL

 \_\_\_\_\_  
**Ordering Physician (Print)**

 \_\_\_\_\_  
**Ordering Physician Signature**

 \_\_\_\_\_  
**Date / Time**