



NMDI Annual Stakeholder Meeting

Thank you to those who were able to attend our annual Stakeholder meeting on June 17th! The amount of great ideas that were brainstormed at that meeting will certainly make for a lot of meaningful work to be accomplished this fiscal year! The new work plan will be finalized within the next month. Stay tuned!

Thank you, Diane!

Recently Diane Butler retired after a long career at Munson Medical Center. Diane was an integral part of creating the Northern Michigan Diabetes Initiative. We would like to thank her for all her contributions and we wish her well in retirement!

CDC Releases new National Diabetes Statistics Report, 2014

Below are a few of the main points. To see the full update [click here](#).

- More than 29 million people in the U.S. have diabetes, which is 9.3% of the U.S. population
- Of those 29 million, 21 million have been diagnosed with diabetes while another 8.1 million remain undiagnosed
- 86 million adults - more than 1 in 3 adults- have pre-diabetes
- Without weight loss and moderate physical activity, 15 to 30 percent of people with pre-diabetes will develop type 2 diabetes within 5 years

JDRF Walk to Cure Diabetes

Join us on Saturday, September 6th in Traverse City at 9am to participate in the JDRF Walk to Cure Diabetes. To join or support the team [click here](#). Hope to see you there!

NMDI team interviews Rock Star Bret Michaels



On June 26th, Dr. Jill Vollbrecht and Christi Nowak had the opportunity to meet and interview rock star Bret Michaels, who has Type 1 diabetes! "One of the things he said was that you have to accept the hand you are dealt, and he has accepted diabetes as part of his life," Dr. Vollbrecht said. "He was very sincere and very passionate about it. He really is using his celebrity for good." [Click here](#) to read the press release and hear the interview. Please share as we hope this will be an inspiration to those living with diabetes.

Otsego Memorial Hospital now has an AADE Recognized Diabetes Education Program

Otsego Memorial Hospital is now offering group and individual Diabetes Self-Management classes. The classes will help adults with diabetes learn how to better understand their condition and develop skills to prepare and manage diabetic situations by focusing on nutrition, exercise, monitoring, medication use and setting behavior change goals. The classes are certified by both the American Association of Diabetic Educators and also the Michigan Department of Community Health. For more information, or to refer to the program, please contact Jill Moore, RN, CDE at OMH, Phone: 989-731-7872, Fax: 989-731-7837.