

Munson Healthcare Press Conference



MUNSON HEALTHCARE

Today's Speakers

Tuesday, January 11, 2022

Christine Nefcy, M.D., FAAP, Chief Medical Officer, Munson Healthcare

Wendy Hirschenberger, M.P.H., C.P.H.A., Health Officer, Grand Traverse County Health Department

Lisa Peacock, M.S.N., M.P.H., R.N., WHNP-BC, Health Officer, Benzie-Leelanau District Health Department and Health Department of Northwest Michigan

Jennifer Morse, M.D., M.P.H., FAAFP, Medical Director, District Health Department #10

Dianne Michalek, Chief Marketing and Communications Officer, Munson Healthcare



Christine Nefcy, M.D., FAAP

Chief Medical Officer
Munson Healthcare

Current Data: COVID-19 in Michigan

State of Michigan **Cumulative Cases** **Increase**
 1,904,949 49,290

	CUMULATIVE CASES	CUMULATIVE DEATHS
MHC Regions	88,080	1,496
State of Michigan	1,904,949	28,879
USA	59,138,083	830,334
Global	305,914,601	5,486,304

State of Michigan Cases Per 100,000 Persons

	CUMULATIVE	LAST 14 DAYS
Confirmed	16,833	1,999
Probable	2,241	243
TOTAL	19,075	2,242

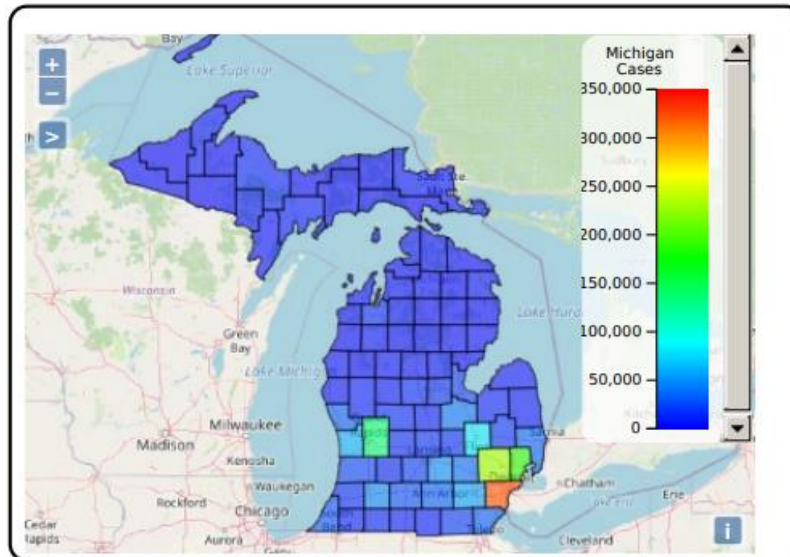
State of Michigan Breakout

	CUMULATIVE CASES	CUMULATIVE DEATHS	DAILY CASES*	DAILY DEATHS*
Confirmed	1,681,135	27,878	44,524	56
Probable	223,814	2,136	4,766	3
TOTAL	1,904,949	30,014	49,290	59

*Weekend State daily volume may be combined for Saturday and Sunday

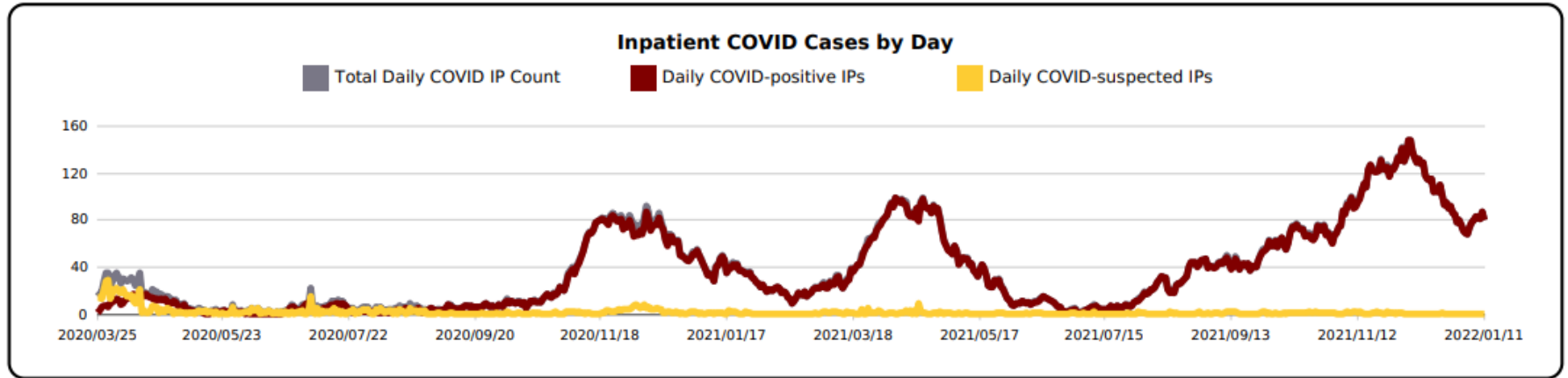
State of Michigan Diagnostic Tests

	POSITIVE	NEGATIVE	TOTAL	% POSITIVE
YTD	2,075,259	18,711,519	20,786,778	10%
14 Day Avg	18,416	39,563	57,979	31.8%
1/9/2022	18,071	39,157	57,228	31.6%



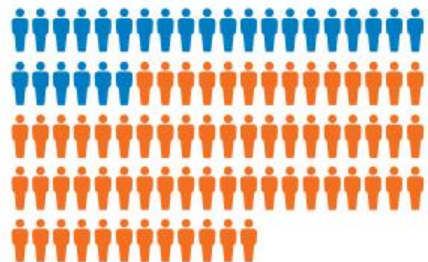
Munson Healthcare Hospitalization Trends

Updated: 01/11/2022



COVID-19 Hospitalizations

January 11, 2022



92 Hospitalized
26 Vaccinated
66 Unvaccinated

These numbers represent the number of patients who are hospitalized due to COVID-19 and not other reasons.



33 In the ICU
6 Vaccinated
27 Unvaccinated

Of the total number of patients hospitalized for COVID-19, this represents how many are in an ICU and their vaccination status.



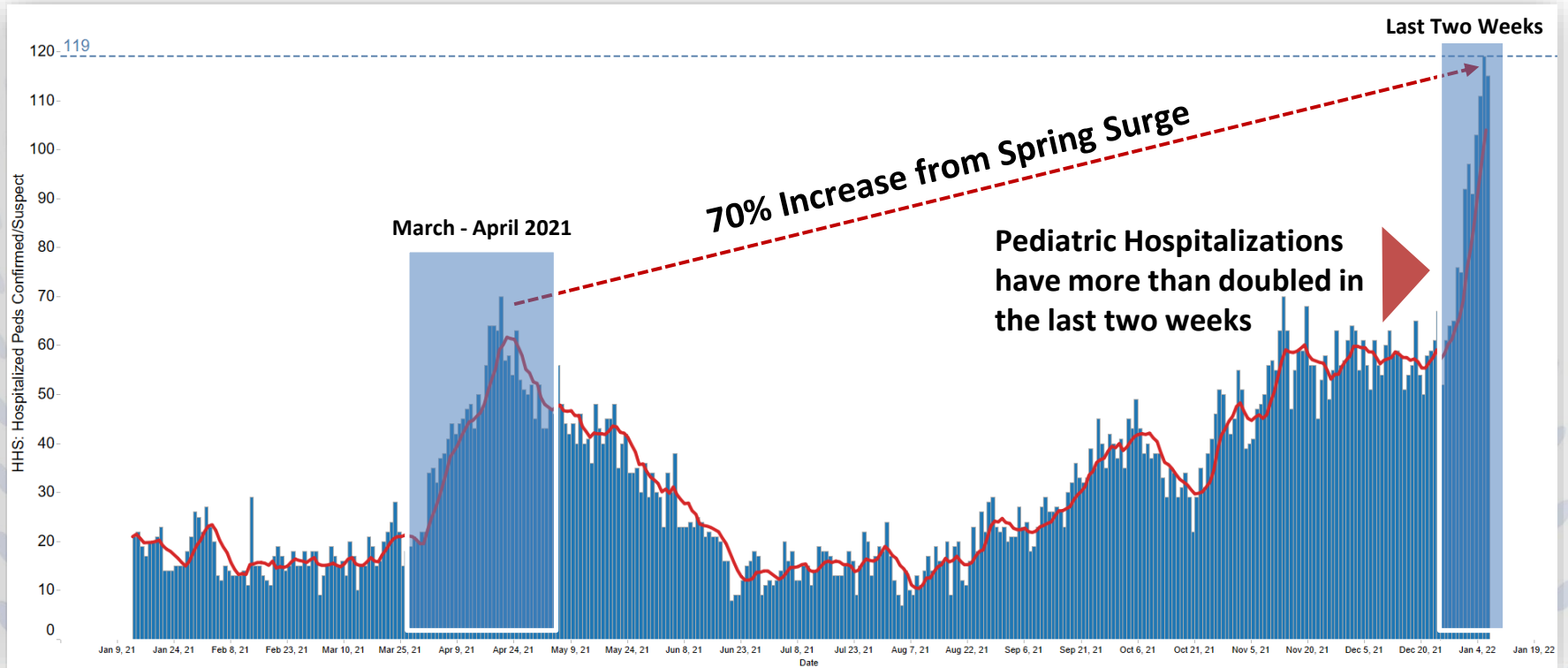
10 On Ventilator(s)
0 Vaccinated
10 Unvaccinated

Of the total number of patients hospitalized for COVID-19, and in an ICU, this represents how many are on a ventilator and their vaccination status.



For more information, visit munsonhealthcare.org

Pediatric COVID-19 Hospitalizations – State of Michigan





Help Move the Needle

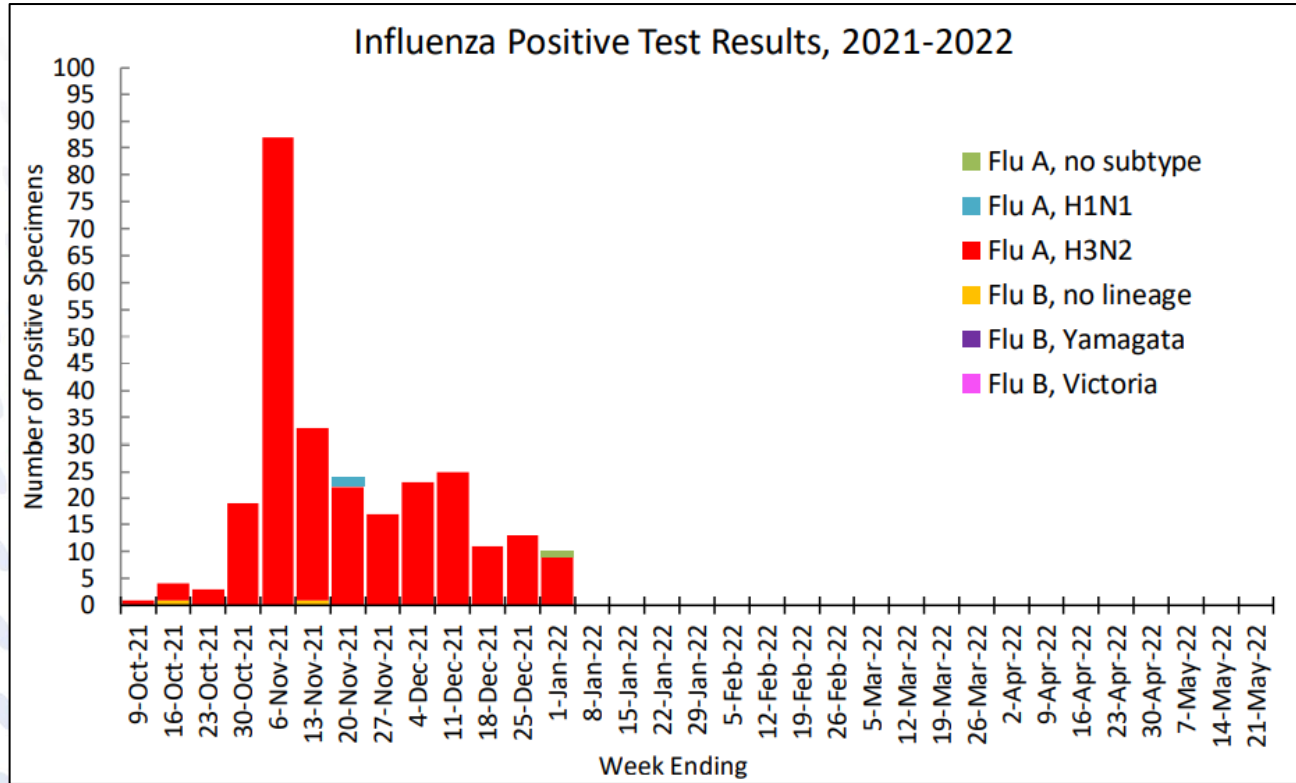
 **MUNSON HEALTHCARE**

munsonhealthcare.org/ACT

COVID-19 Boosters

- Both the FDA and CDC recommend boosters.
- The Food and Drug Administration (FDA) and CDC approved Pfizer's COVID-19 booster dose for children ages 12-15.
- The FDA also shortened the timing of Pfizer's booster shot from 6 months to 5 months making more people eligible.
- If you received Moderna and are 18 years or older you may get a booster 5 months after completing your primary COVID-19 vaccination series.
- If you received Johnson & Johnson's Janssen and are 18 years or older you may get a booster 2 months after completing your primary COVID-19 vaccination series.

Flu Cases in Michigan



One flu outbreak in a school setting has been reported in northern Michigan.

Michigan Data (10/9/21 – 1/1/22)

Michigan.gov



Health Department Updates



Grand Traverse County Health Department

Wendy Hirschenberger, M.P.H., C.P.H.A.
Health Officer

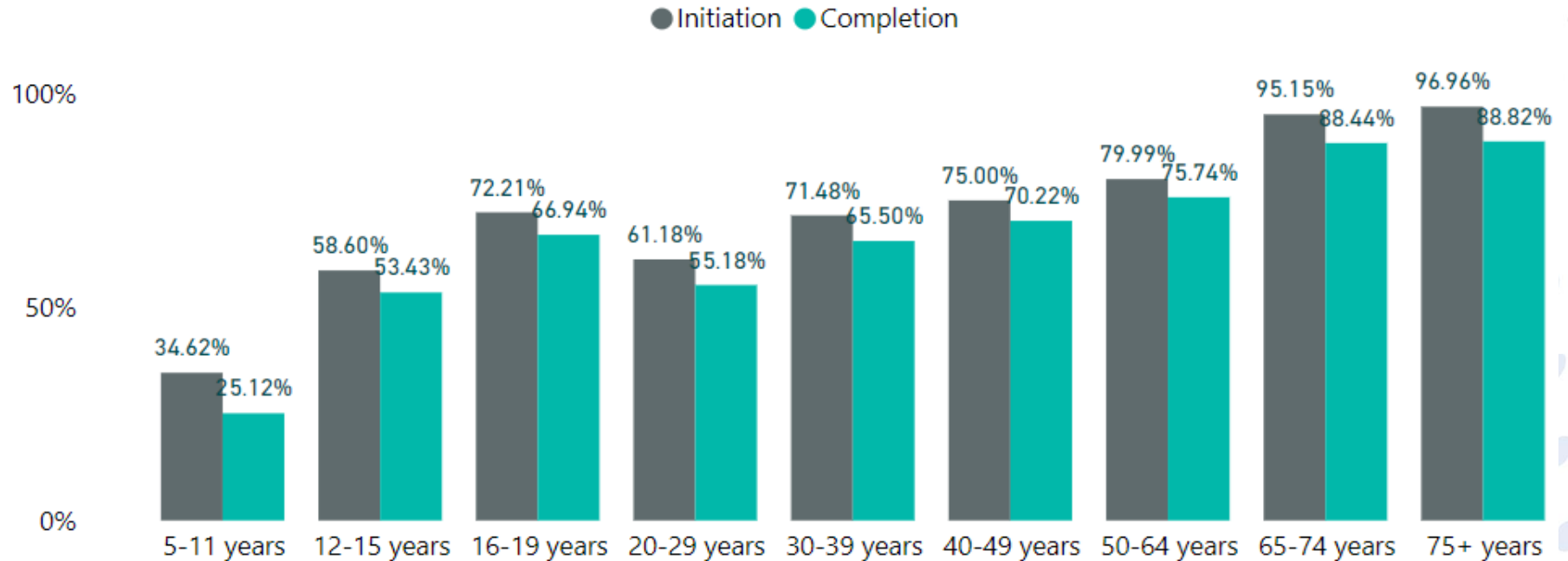
Grand Traverse County COVID-19 Case Numbers and Trends:

- Grand Traverse County remains at a high transmission rate with the weekly case rates significantly increasing for the last few weeks.
 - 763 newly identified cases and 3 deaths in last 7 days
 - Average of 109 cases per day (compared to 38, 2 weeks ago)
 - The current regional percent positivity: 17.8%
 - Grand Traverse County percent positivity: 18.4%
 - Omicron is circulating in the community
- Significant increase in cases over the past 10 days and it is expected to continue through January with Omicron becoming more dominant strain
- Approximately 2.4% of people in Michigan who were fully vaccinated have been reported with a breakthrough infection

Vaccination rates overall:

74.3% initiated 68.4% completed

COVID Vaccine Coverage by Age Group



COVID TESTING (near but not in the Airport)

- **New location 1220 Airport Access Road, Traverse City**
 - Wednesday 1/12 1PM-4PM
 - Thursday 1/13 9AM -12PM, 1PM-4PM
 - Friday 1/14 9AM -12PM, 1PM-4PM
- Please check our website or Facebook Page for appointment information and links.
- Appointments will be released weekly
- Appointments are required
- Partnership with National Guard and community partners locally

VACCINATION CLINICS:

Ages 5-11: Main Health Department located at 2600 LaFranier Rd., Traverse City

- Appointments are released Wednesdays at 10 am for the following week. The link can be found at www.gtcountymi.gov/2394
- Pfizer vaccine only

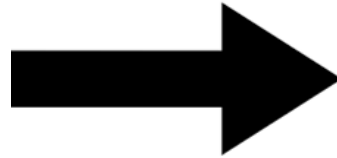
Cherryland Vaccination Clinic Schedule for those 12+:

- **Appointments are required and released on Wednesdays at 10 am** www.gtcountymi.gov/2394
 - **Tuesday 1/11, Wednesday 1/12, Thursday 1/13, and Sunday 1/16**
 - **Some appointments available for this week**
- Pfizer, Moderna, and J&J offered (dose 1, dose 2s, and boosters).
- Check online at www.gtcountymi.gov/2211 for up-to-date clinic times.
- Please cancel your appointment if you are not keeping it

Reporting at-home positive COVID-19 test results:

- Go to www.gtcountymi.gov/2496 to find the link to report at-home test results.

Look for this button



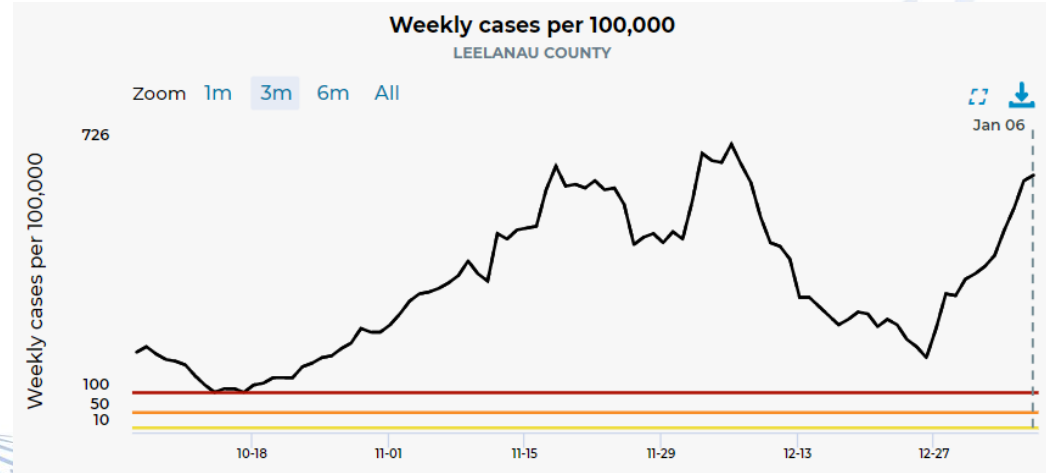
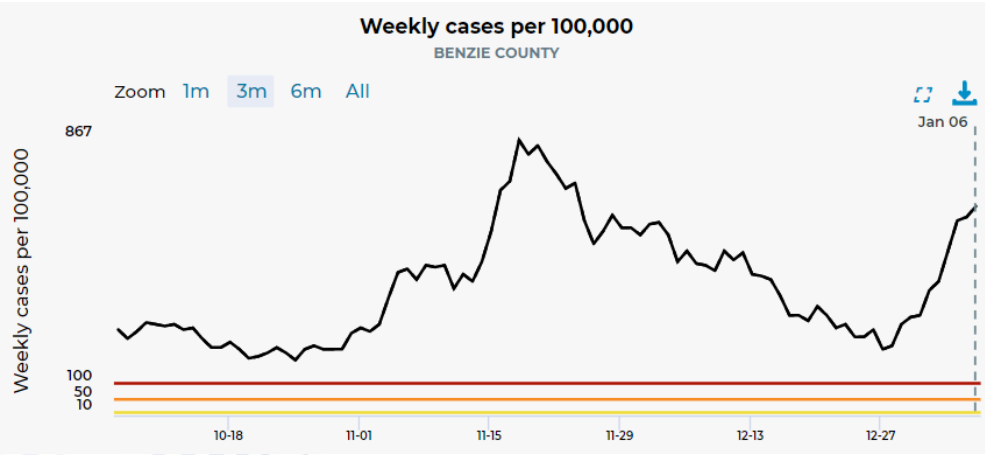
**Submit Test
Results Here**

- You will receive either a call from a GTCHD nurse or an electronic communication.
- Questions on what to do if you test positive? More info, is also available on the web page.

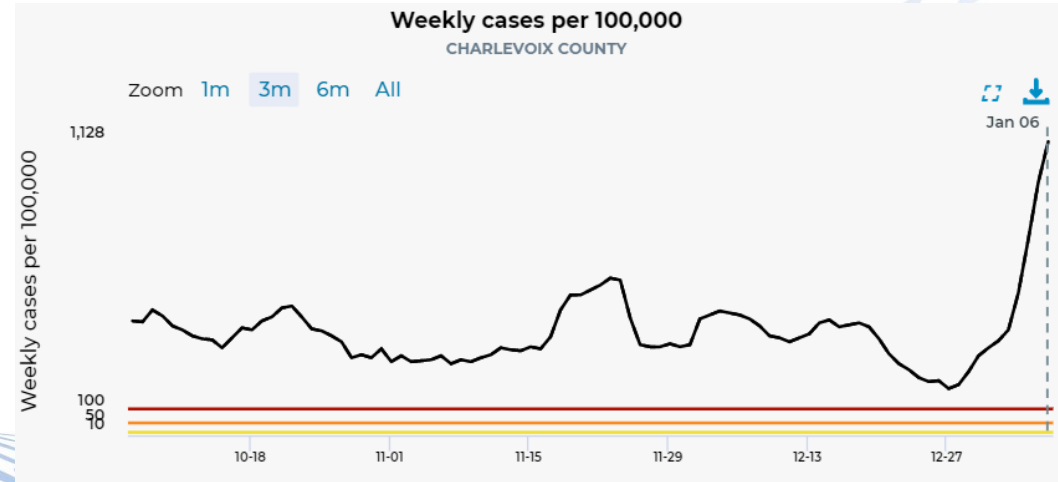
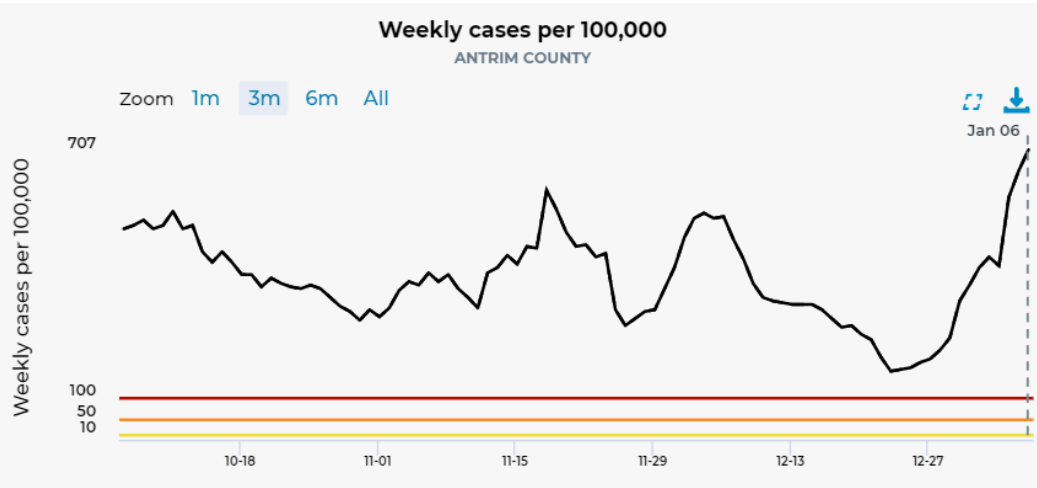


**Benzie-Leelanau District Health Department
and
Health Department of Northwest Michigan**
Lisa Peacock, M.S.N., M.P.H., R.N., WHNP-BC
Health Officer

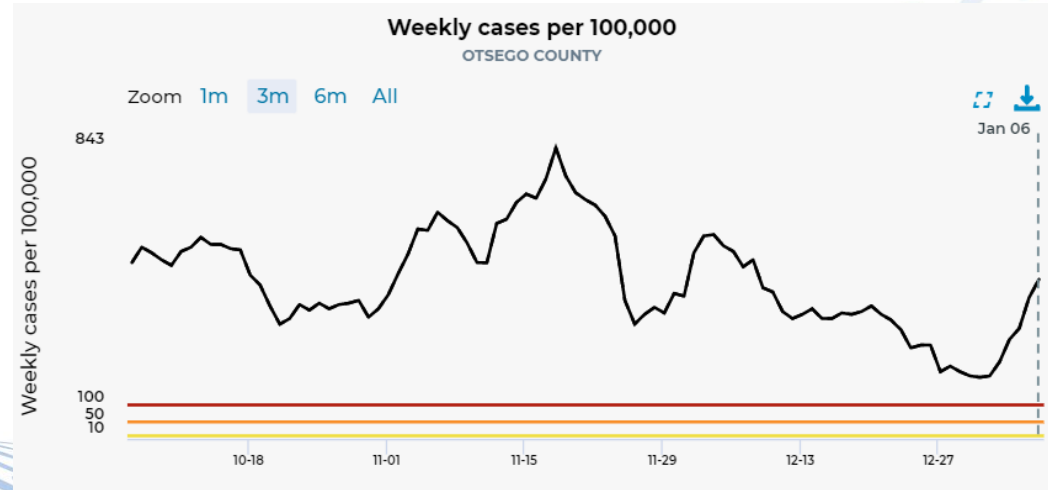
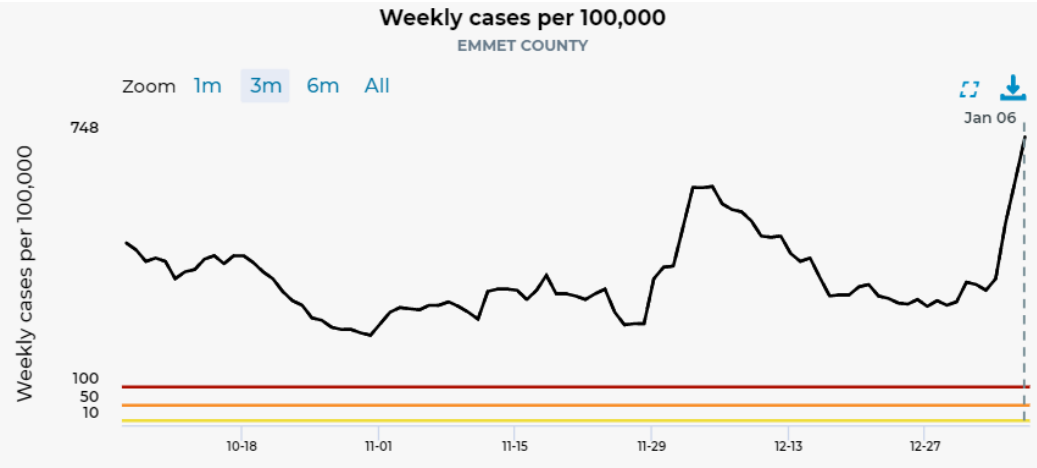
Benzie-Leelanau District Health Department



Health Department of Northwest Michigan



Health Department of Northwest Michigan



Health Department of Northwest Michigan and Benzie Leelanau District Health Department

Lisa Peacock, Health Officer

- **Testing**
 - Due to shortage of tests, check with provider for availability
 - Testing sites in Antrim, Charlevoix, Emmet, Otsego counties: <http://www.nwhealth.org/covid19main.html>
 - Testing sites in Benzie, Leelanau counties: www.bldhd.org
 - For positive home self-test result reporting:
 - HDNW: www.tinyurl.com/HomeTest-Positive
 - BLDHD: www.bldhd.org
- **Information, resources available**
 - www.nwhealth.org www.bldhd.org
 - Call 2-1-1 for appointment assistance.



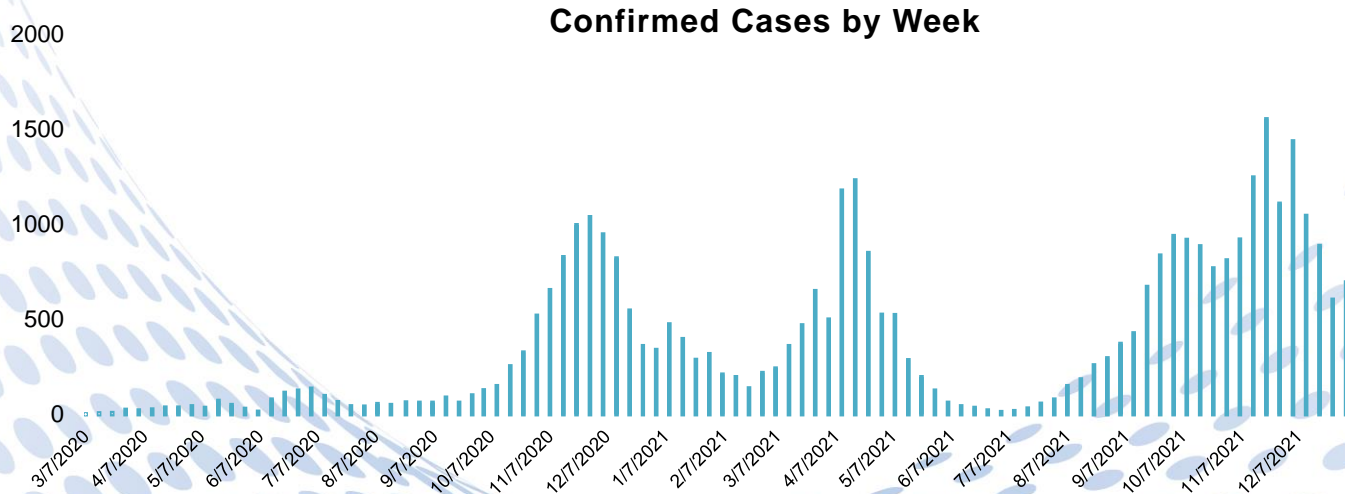
District Health Department #10

Jennifer Morse, M.D., M.P.H., FAAFP
Medical Director

District Health Department #10 COVID-19 Case Trends

Jennifer Morse, Medical Director

- Cases **increasing (+46.8%)**: December 25 – December 31= **671 cases**; January 1 – January 7= **985 cases**
- Daily cases per million slightly **decreasing**: December 29= **398.0**; January 5= **394.9** (most recent reliable data through 12/29)
- Percent positivity **increasing**: December 29 = **15.6%**; January 5= **17.7%**



District Health Department #10 Community COVID-19 Testing Sites

Jennifer Morse, Medical Director

Current Testing Results

- **Big Rapids** (as of 1/5/22)
 - **1657 completed tests**
 - 411 (24.8%) positive
- **Kalkaska** (as of 1/4/22)
 - **3302 completed tests**
 - 890 (27.1%) positive
- **Newaygo/NCRESA** (as of 1/3/22)
 - **3100 completed tests**
 - 824 (26.8%) positive
- **Cadillac** (as of 1/5/22)
 - **462 completed tests**
 - 75 (16.3%) positive
- **Ludington** (as of 1/4/22)
 - **476 completed tests**
 - 77 (16.3%) positive
- **Hart** (as of 1/4/22)
 - **220 completed tests**
 - 51 (23.3%) positive

For more information on these sites
visit www.dhd10.org/events

District Health Department #10 Clinics & Information

Jennifer Morse, Medical Director

- Vaccination for **5–11-year-olds** began in early November at our clinics and by appointment: 13.7% of DHD#10 residents age 5-11 years have initiated vaccination
 - Parents can schedule appointments for children at www.dhd10.org/schedule
 - Parent/Guardian must be present for vaccinating minors
 - COVID-19 vaccine widely available locally, and parents/guardians should go wherever works best for their family
- Home Test Report button available on our website: www.dhd10.org
- Numerous pop-up clinics scheduled – go to www.dhd10.org/events
- COVID-19 vaccine page: www.dhd10.org/covid-19-vaccine
- Coronavirus page: www.dhd10.org/coronavirus
- Sign up for Public Health Alerts at www.dhd10.org/subscribe



COVID-19: Omicron Variant



Confirmed Omicron Cases In Munson Healthcare Region



COVID-19: Omicron Variant

- Antrim County
- Charlevoix County
- Grand Traverse County
- Leelanau County
- Newago County (3 cases)



We have the tools to fight Omicron.

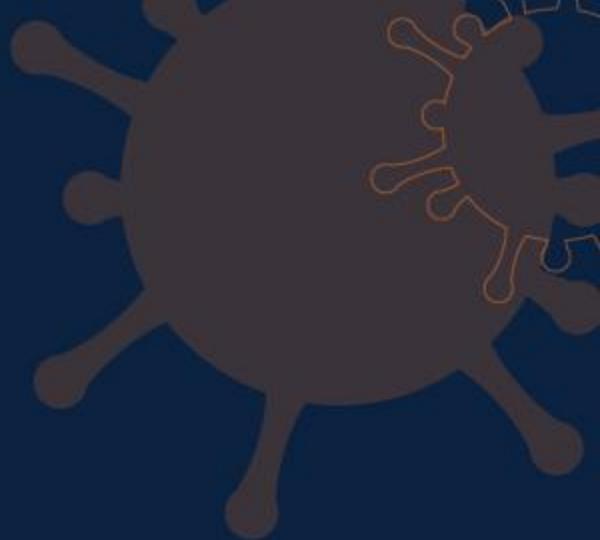


COVID-19: Omicron Variant

- **Vaccines** remain the best public health measure to protect people from COVID-19, slow transmission, and reduce the likelihood of new variants emerging.
- **Masks** offer protection against all variants.
- **Tests** can tell you if you are currently infected with COVID-19.



COVID-19: Testing



COVID-19: Viral Tests

Viral tests are used to look for current infection.

A viral test checks specimens from your nose or your mouth to find out if you are currently infected with the virus that causes COVID-19. There are two types of viral tests.

PCR Tests

- A polymerase chain reaction (PCR) test is a molecular test that closely studies genetic material from within a virus particle (usually obtained with a nasal swab). PCR tests are considered to be the most accurate tests available because they're highly sensitive at detection. The PCR test is often required for travel, as it can detect COVID-19 positivity even without symptoms.
- **PCR Testing Result Window:** PCR tests are sent to a lab and results are typically available within 72 hours.

Antigen Tests

- **Antigen tests** detect specific proteins from a virus particle. They are less sensitive than a PCR test, so results are most accurate when you're experiencing symptoms. Unlike PCR tests, however, antigen test results are typically available same-day.

COVID-19: When To Get Tested

The following people should get tested for COVID-19:

People who have symptoms of COVID-19.

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea



COVID-19: When To Get Tested

The following people should get tested for COVID-19 even if they are asymptomatic:

- People who have come into close contact with someone with COVID-19 should be tested to check for infection at least 5 days after they last had close contact with someone with COVID-19. The date of the last close contact is considered day 0.
- People not fully vaccinated with COVID-19 vaccine who are prioritized for expanded community screening for COVID-19.
- People not fully vaccinated with COVID-19 vaccine who have been asked or referred to get testing by their school, workplace, healthcare provider, state, tribal, or territorial health department.



COVID-19: Who Does Not Need To Get Tested?

The following people who have been exposed to someone with COVID-19 do not need to get tested if they do not have COVID-19 symptoms:

- People who have tested positive for COVID-19 within the past 3 months and recovered, as long as they do not develop new symptoms, do not need to get tested.

COVID-19 Testing Resources

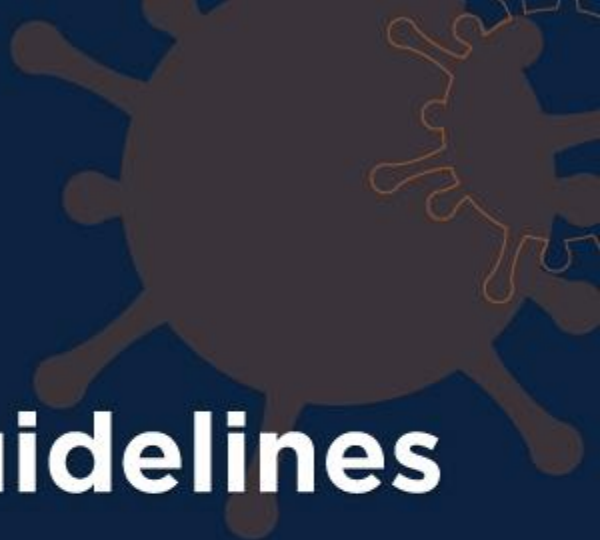
If You Have Symptoms, Get Tested

- Local Health Departments
- Primary Care Provider
- Walgreens and Rite-Aid
- www.michigan.gov/coronavirus
(Click Find a Testing Site)
- Michigan COVID-19 Hotline:
888-535-6136, Press 2
- Munson Healthcare Ask-A-Nurse Line:
231-935-0951





COVID-19: CDC Guidelines



COVID-19 Quarantine Guidelines

Calculating Quarantine

The date of your exposure is considered day 0. **Day 1 is the first full day after your last contact with a person who has had COVID-19.** Stay home and away from other people for at least 5 days.

IF YOU
Were exposed
to COVID-19
and are **NOT**
[up-to-date](#) on
COVID-19
vaccinations

Quarantine for at least 5 days

Stay home

Stay home and [quarantine](#) for at least 5 full days.

Wear a well-fitted mask if you must be around others in your home.

Get tested

Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19.

After quarantine

Watch for symptoms

Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.

If you develop symptoms

[Isolate](#) immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.

Take precautions until day 10

Wear a mask

Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.

Avoid travel

Avoid being around people who are at high risk

COVID-19 Quarantine Guidelines

IF YOU
Were exposed to COVID-19 and are up-to-date with vaccination OR had confirmed COVID-19 within the past 90 days (you tested positive using a viral test)

No quarantine

You do not need to stay home **unless** you develop symptoms.

Get tested

Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19

Watch for symptoms

Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.

If you develop symptoms

Isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.

Take precautions until day 10

Wear a mask

Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.

Avoid travel

Avoid being around people who are at high risk

cdc.gov

COVID-19: “Up to Date on Vaccines”

- Everyone 5 years and older is recommended to receive a primary series of a COVID-19 vaccine to be considered fully vaccinated.
- For children 5 years through 17 years of age, a primary series consists of 2 doses of the Pfizer-BioNTech COVID-19 vaccine. For persons 18 and older, a primary series consists of:
 - A 2-dose series of an mRNA COVID-19 vaccine (Pfizer-BioNTech or Moderna), or
 - A single-dose COVID-19 vaccine (Johnson & Johnson’s Janssen vaccine)
- Individuals ages 5 and older who are moderately or severely immunocompromised should get an additional mRNA COVID-19 vaccine (Pfizer-BioNTech or Moderna) primary shot (a “third dose”)
- Pfizer-BioNTech or Moderna (COVID-19 mRNA vaccines) are preferred. You may get Johnson & Johnson’s Janssen COVID-19 vaccine in some situations.
- CDC now recommends booster shots at 5 months after the completion of the primary series of Pfizer-BioNTech COVID-19 vaccine for those aged 12 and older at 5 months after the completion of the primary series of Moderna COVID-19 vaccine for those aged 18 and older.

COVID-19 Isolation Guidelines

Calculating Isolation

Day 0 is your first day of symptoms or a positive viral test. **Day 1 is the first full day after your symptoms developed or your test specimen was collected.** If you have COVID-19 or have symptoms, isolate for at least 5 days.

IF YOU Tested positive for COVID-19 or have symptoms, regardless of vaccination status	Stay home for at least 5 days Stay home for 5 days and isolate from others in your home. Wear a well-fitted mask if you must be around others in your home.	Ending isolation if you had symptoms End isolation after 5 full days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.	Take precautions until day 10 Wear a mask Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask. Avoid travel Avoid being around people who are at high risk
		Ending isolation if you did NOT have symptoms End isolation after at least 5 full days after your positive test.	
		If you were severely ill with COVID-19 You should isolate for at least 10 days. Consult your doctor before ending isolation.	

Why CDC Shortened Isolation and Quarantine for the General Population

- CDC has continued to review isolation and quarantine recommendations for various populations throughout the course of the COVID-19 pandemic.
- Accumulating evidence demonstrates the majority of transmission occurs during the early periods of infection.
- These updated recommendations come as the Omicron variant is now rapidly spreading throughout the United States causing very high case rates.
- The recommendations reflect the societal impact (e.g., critical infrastructure and staffing shortages) and the latest science on disease severity and when and for how long a person is maximally infectious.
- CDC will continue to evaluate these recommendations as more data become available.



Thank you.
Questions?

Community Resources

www.vaccines.gov

211 Michigan

211 or 844-875-9211

www.mi211.org

Area Agency on Aging of Northwest
Michigan (AAANM)

1-800-442-1713, 231-947-8920

info@aaanm.org

Senior hotline: 231-715-5557

Northwest Michigan Health Services

www.nmhsi.org

231-947-0351

Grand Traverse County Health Department

www.grandtraverse.org/2394

gtchd@gtcountymi.gov or 231-995-6111

Health Department of Northwest Michigan and
Benzie Leelanau District Health Dept.

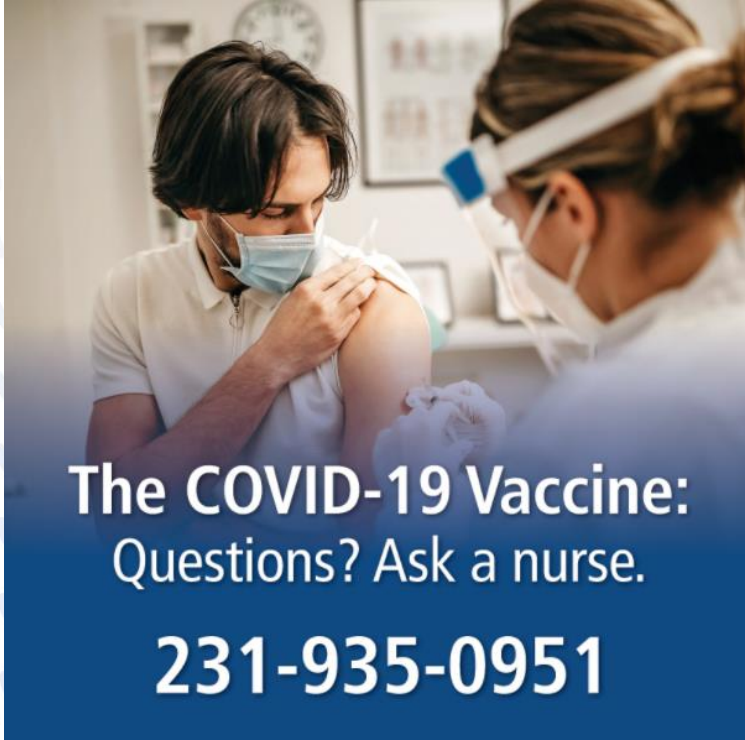
www.nwhealth.org

www.bldhd.org

District Health Department #10

covid@dhd10.org or www.dhd10.org

Sign up for Public Health Alerts
at www.dhd10.org/subscribe



The COVID-19 Vaccine:
Questions? Ask a nurse.

231-935-0951



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