

Munson Healthcare Press Conference



MUNSON HEALTHCARE

Today's Speakers

Tuesday, January 10, 2023

Christine Nefcy, M.D., FAAP, Chief Medical Officer, Munson Healthcare

Christopher Ledtke, M.D., Infectious Disease, Munson Healthcare

Bonnie Kruszka, DNP, FNP-C, ENP-BC, RN, Vice President and Chief Nursing Officer, Ambulatory Services, Munson Healthcare

Brian Lawson, Regional Marketing and Corporate Communications Manager, Munson Healthcare



Christine Nefcy, M.D., FAAP

Chief Medical Officer

Munson Healthcare

Current Data: COVID-19 in Michigan

State of Michigan **Cumulative Cases**
2,998,447 **Increase**
9,793

	CUMULATIVE CASES	CUMULATIVE DEATHS
MHC Regions	136,011	2,276
State of Michigan	2,998,447	40,836
USA	99,423,758	1,082,265
Global	655,689,115	6,671,624

State of Michigan Breakout

	CUMULATIVE CASES	CUMULATIVE DEATHS	RECENT CASES*	RECENT DEATHS*
Confirmed	2,579,861	36,983	7,930	54
Probable	418,586	3,853	1,863	15
TOTAL	2,998,447	40,836	9,793	69

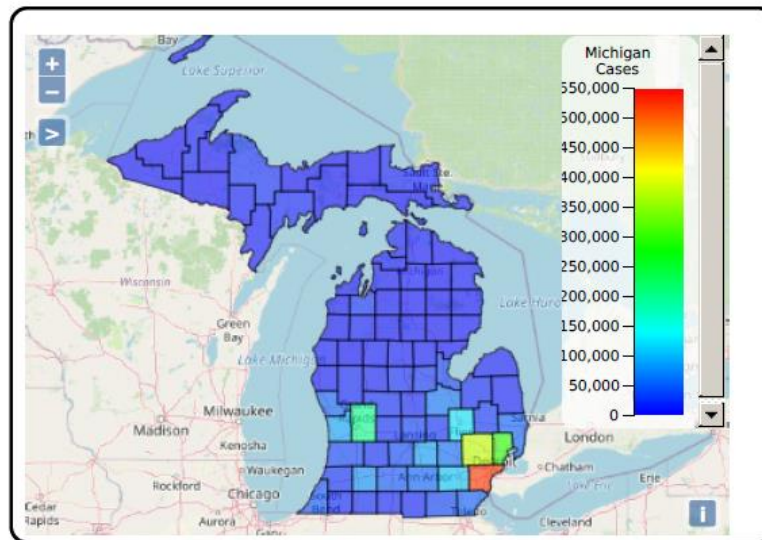
*Cases and deaths since previous report from State of Michigan

State of Michigan Diagnostic Tests

	POSITIVE	NEGATIVE	TOTAL	% POSITIVE
YTD	3,114,479	24,207,147	27,321,626	11.4%
14 Day Avg	1,537	9,907	11,444	13.4%
12/28/2022	1,775	11,180	12,955	13.7%

State of Michigan Cases Per 100,000 Persons

	CUMULATIVE	LAST 14 DAYS
Confirmed	25,833	167
Probable	4,191	41
TOTAL	30,024	207



Current Data: COVID-19 in Northern Michigan

MHC Region **Cumulative Cases**
136,011 **Increase**
408

	CUMULATIVE CASES	CUMULATIVE DEATHS
MHC Regions	136,011	2,276
State of Michigan	2,998,447	40,836
USA	99,423,758	1,082,265
Global	655,689,115	6,671,624

MHC Cases Per 100,000 People

	CUMULATIVE	LAST 14 DAYS
Confirmed	16,898	104
Probable	6,446	36
TOTAL	23,344	140

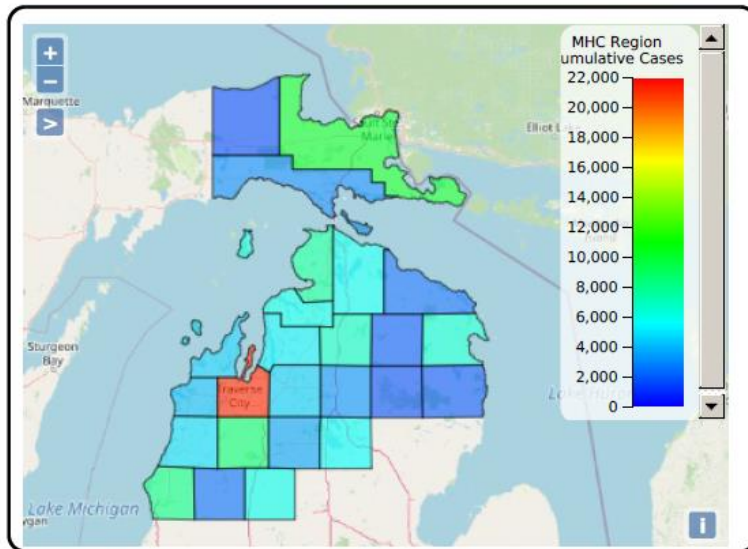
MHC Region Breakout

	CUMULATIVE CASES	CUMULATIVE DEATHS	RECENT CASES*	RECENT DEATHS*
Confirmed	98,457	1,968	302	3
Probable	37,554	308	106	1
TOTAL	136,011	2,276	408	4

*Cases and deaths since previous report from State of Michigan

MHC Region Diagnostic Tests

	POSITIVE	NEGATIVE	TOTAL	% POSITIVE
YTD	109,555	937,746	1,047,301	10.5%
14 Day Avg	81	359	440	18.3%
12/28/2022	90	438	528	17%



MHC Hospitalization Numbers

Flu Inpatients Admitted
RSV Inpatients Admitted
COVID-19 Inpatients

Mid-December
(week of 12/18)

Early-January
(week of 1/1)

18

55

10

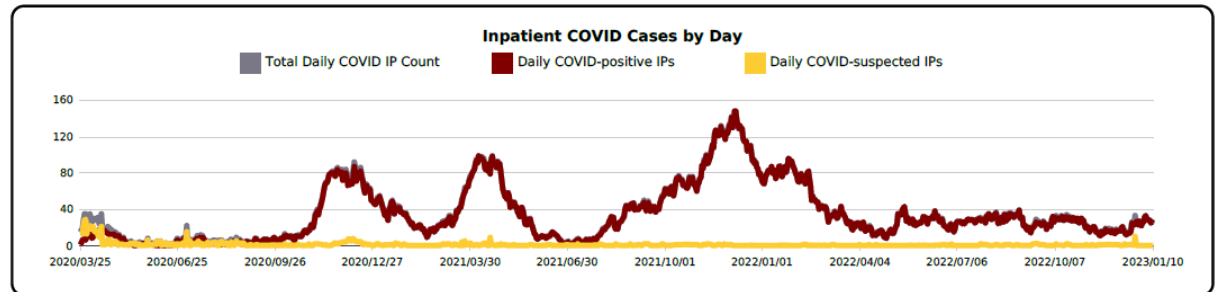
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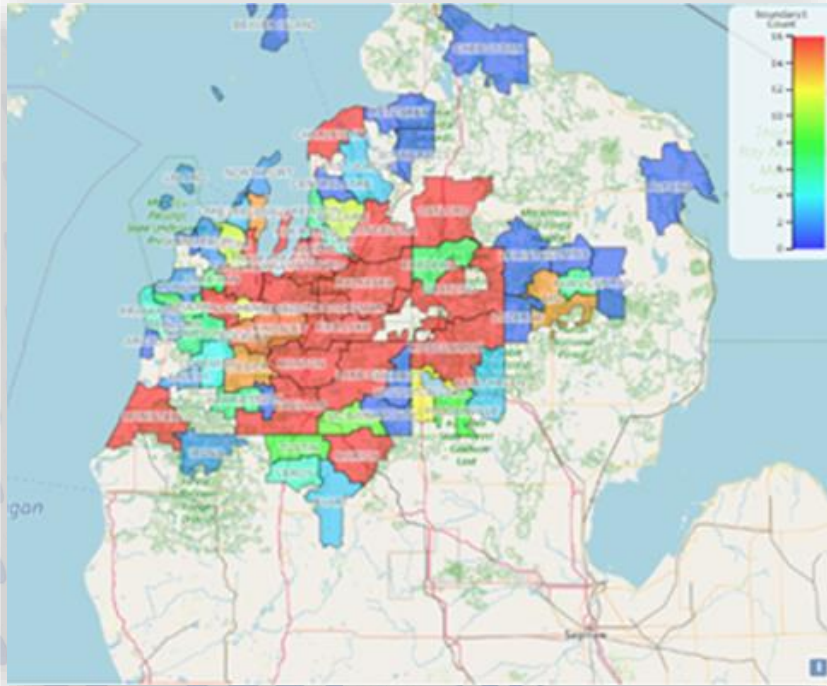
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Trends for **Flu** and **COVID-19** inpatient hospitalizations have steadily increased over the past three weeks.

Updated: 01/10/2023



MDHHS Flu Activity Report | January 2023



United States:

Majority remains **high activity** with some states moving to moderate.

Michigan:

Moved from high to **moderate activity**.

Northern Michigan:

High activity for majority of the region.

COVID-19 Vaccination | as of 12/28/2022

Age Group	% Updated Booster**	U.S. % Boosted**
Total Population	NA	NA
≥ 5 years	16.5%	15.1%
≥ 12 years	17.8%	16.3%
≥ 18 years	19.0%	17.3%
≥ 65 years	42.0%	37.5%

Among those at highest risk: Age 65+

58% HAVE NOT received a booster.

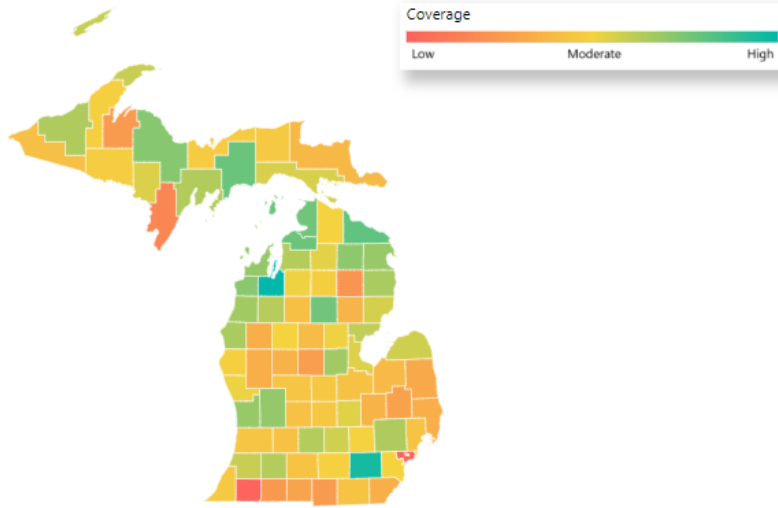
MORE THAN 62% HAVE NOT received the most recent bivalent booster.

62.2% of the total population in Michigan have completed the primary series



Flu Vaccination | as of 12/31/2022

Influenza Vaccination Coverage Rate by County



Michigan

Data as of :
12/31/22

Number of Doses Administered
in 2022-23 Season

2,835,389

Vaccination Coverage

27.11%

Population Count

10,457,689

26% - 41% of the population in the MHC region have received a flu shot.



Let's Band Together.

- Get vaccinated or get your booster.
- Avoid close contact with people who are sick.
- If you are sick, limit contact with others as much as possible.
- Masking can help prevent the spread of flu, RSV and COVID-19, all of which we are seeing in our communities.
- Avoid large gatherings if possible.
- Wash hands frequently.
- Continue your regular screenings and preventive care schedule.



Christopher Ledtke, M.D.

Infectious Disease

Munson Healthcare



Variant Update

COVID-19 Variant Update

- **XBB.1.5 variant is at 7.3 % in our region (Region 5) with increasing proportion but with the BQ subvariants still dominating.**
- **Nationwide, the proportion of XBB.1.5 is increasing significantly faster with now 27.6% of isolates identified as XBB.1.5 and increasing significantly in the past few weeks.**

Region 5 includes Illinois, Indiana, Michigan, Minnesota, Ohio, and Wisconsin

COVID-19 Treatment Options Remain Limited

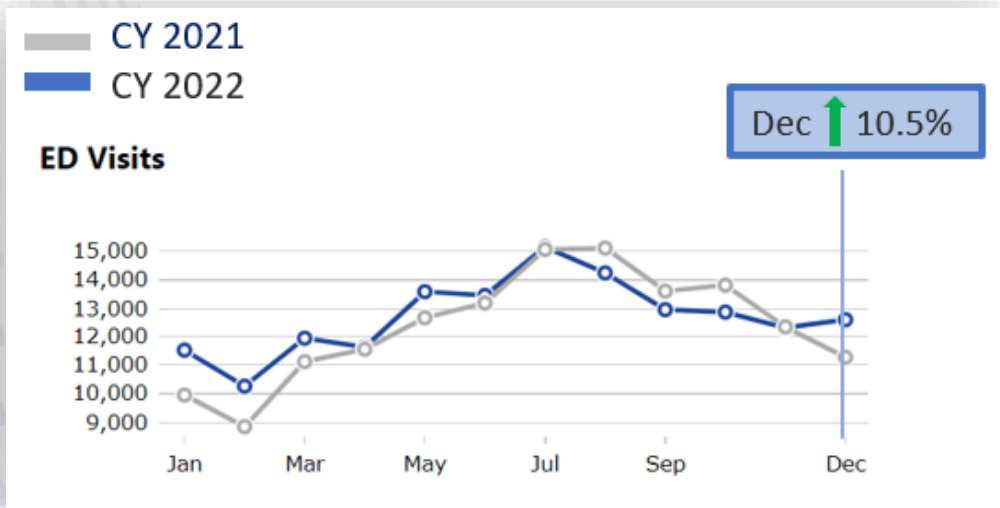
- **Paxlovid is the #1 preferred oral therapy** for patients at high risk of severe disease.
- **High risk patients** include those who are **elderly, overweight, diabetic, chronic lung or heart disease among other risk factors.**
- This is **free to patients** and **readily available at local pharmacies.**
- **Remdesivir** is an alternative but can **only be given in the hospital setting at this time.**



**Bonnie Kruszka, DNP, RN, NP, FNP-BC,
ENP-BC,**
Vice President and Chief Nursing Officer
Ambulatory Services
Munson Healthcare

Where to Go For Care

Current State



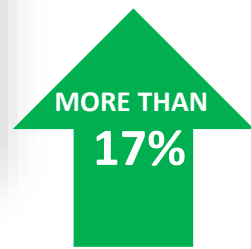
December 2021 v. December 2022



Emergency Room Visits



ER Wait Times – Due to non-medical emergencies.



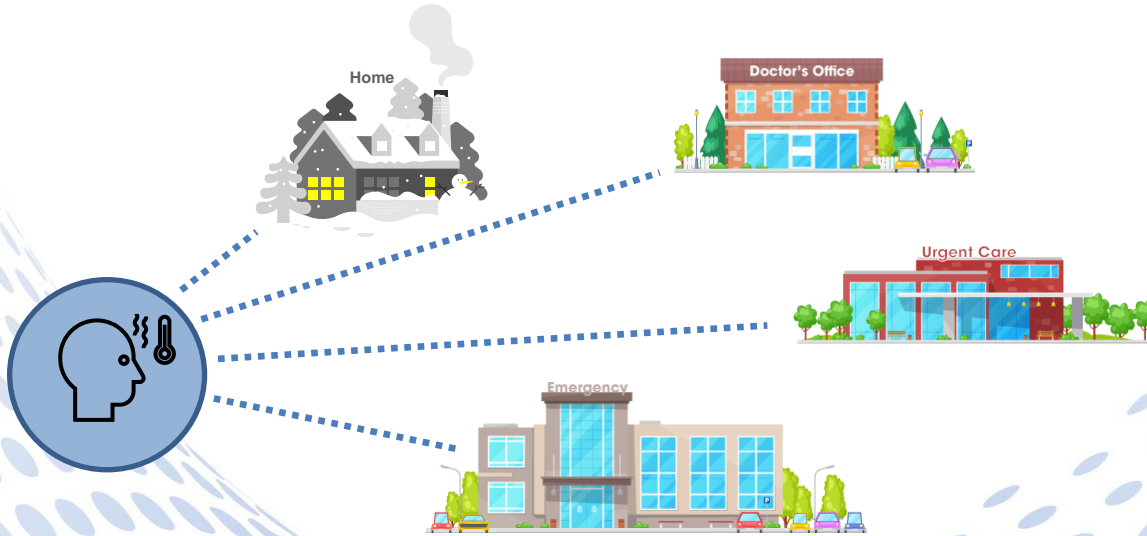
November 2022 v. December 2022

Urgent Care and Walk-in Clinic Visits

Where to Go For Care

Understanding Your Options

Home Care, Primary Care, Urgent Care or Emergency Department?



Where to Go For Care

Emergency Department Visits: Immediate, life-threatening events

Certain injuries and illnesses require immediate treatment from our emergency medicine specialists and specialty-trained teams of physician assistants, nurse practitioners, nurses, and technicians.

Always call 9-1-1 in the event of a severe, life-threatening emergency. If you think you're having a heart attack or a stroke, do not drive yourself to the Emergency Department or travel by car to the hospital. Minutes matter. Life-saving care can begin in an ambulance, and you need care immediately.



Where to Go For Care

You should always go to the nearest emergency room in a life-threatening situation. But in other cases, even for urgent injuries and illness, you have other options that can save you time and money.

- **Home Care:** For the majority of children and adults with COVID-19, influenza and RSV, symptoms can be successfully managed at home. Fever and pain can be treated with over-the-counter medications like acetaminophen (Tylenol) and ibuprofen.
- **Primary Care Your Medical Home:** Trust your primary care provider (also known as your family doctor, internist, pediatrician, nurse practitioner or physician assistant) as your starting point when you need non-life-threatening care. Same-day appointments; on-call weekend hours; and virtual visits may be available.
- **Walk-in Clinic or Urgent Care:** When your PCP isn't available and You Need Non-Life-Threatening Care NOW this is your next stop for troublesome symptoms or injuries that are causing you pain or discomfort. Evening and Weekend Hours are routinely available. Free COVID-19 antigen tests as supplies last. Wait times available online for most locations.



Where to Go For Care

Munson Healthcare Virtual Urgent Care for urgent injuries and illnesses. Quick and easy virtual care is available for **ages 3 and up** from anywhere in Michigan. No app or download needed.

Conditions That Virtual Urgent Care Treats

The conditions below are guidelines and not a complete list:

- Allergies
- Cough, cold (without earache)
- COVID PCR testing (symptomatic only)
- COVID treatment consultation
- Light sprains, strains
- Painful urination (female, age 18+)
- Pink Eye
- Sinus infection (without earache)
- Skin rash, cold sore, insect bites, abrasions
- Sore throat (without earache)
- Tooth pain

** The conditions above are guidelines and not a complete list. In-person visits are sometimes necessary.*

Munson Healthcare Virtual Urgent Care is for Michigan residents only, ages 3 years and up.



Virtual Visits

Munson Healthcare providers and medical specialists are offering virtual visits. Simple, secure, and convenient, Munson Virtual Visits connects you with a provider through virtual chat from the comfort of your home.

Types of Virtual Visits

- Primary care and same-day visits
- Pediatrics
- Behavioral health
- OB/GYN
- Rehab
- Medical and surgical specialties
- Chronic disease management, and more
- Urgent Care



Munson Healthcare Ask-A-Nurse



Whether you have a health concern or need advice on where to go for care, a Munson Healthcare registered nurse is here for you.

Our expert nurses help you and your family receive the care you need, when and where you need it.

- Available to the community from 7 am - 11 pm daily at no cost
- No insurance required
- Call **231-935-0951**
- Visit: <http://munsonhealthcare.org/ask-a-nurse>



Thank you.
Questions?



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Visit us at munsonhealthcare.org

Health questions?

Ask-A-Nurse
231-935-0951

