



Otsego Memorial Hospital Radiology
825 N. Center Ave.
Gaylord, MI 49735
(989) 731-2175

You are scheduled for a Thyroid Uptake and Scan examination to evaluate your thyroid gland.

On _____ at _____ a.m. / p.m.

Location: Radiology Department at Otsego Memorial Hospital.

Register in the main lobby of OMH and you will receive directions to the Radiology Department.

Arrival Time: Please arrive 15 minutes before your scheduled time.

How long will it take: The exam is a 2 day procedure.

How to prepare for the test: Patients should not be on any thyroid medication for 6 weeks (unless previously approved by your physician for a shorter period), no shellfish (shrimp, mussels, crab, etc.) for 6 weeks, no multivitamin containing iodine for 6 weeks, and no iodinated contrast (IVP dye, Cat Scan contrast, etc.) for 12 weeks.

During the exam:

- After registering you will be directed to Radiology where you will receive 3 pills to take.
- You may then leave the hospital and return 4-5 hours later for imaging.
- Imaging takes approximately 45 minutes where you lay on an imaging table with the camera over your neck.
- Return the following day for a 5 minute procedure (patient stands in front of a detector for an uptake).

After the exam: There are no restrictions (unless otherwise advised by your physician) or side effects after the test is complete.

Will it hurt? NO

Risks: None. The radiation exposure from the isotope used for imaging (inside the pills) is very low. We use Iodine 123.

Please be sure to advise us if:

- There is a chance you may be pregnant.
- You need to reschedule your appointment.

If you have any questions or concerns please call the Radiology Department at (989) 731-2175.