

nmdi.org October 2017





Upcoming Events and Learning Opportunities

Diabetes Partners in Action,
 Full Membership Meeting, November 2,
 2017. Click here for additional meeting details.

"Treats for Troops:" Candy Take Back 2017

NMDI is working again to organize a candy take back after Halloween. Last year, over 400 lbs of candy was collected. The donated candy is given to local veterans' organizations who send the candy to our service members overseas.

There are two new drop off sites this year in Cadillac and Manistee, in addition to Traverse City. Please call NMDI if you have questions about these events.

• Cadillac

Cadillac Area YMCA, Mackinaw Trail Pediatrics
Drop off November 1st-2nd, Regular business
hours. Click <u>here</u> for a location and number to
the sites.

Manistee

Manistee Family Care, Manistee Primary Care and Manistee Health Connection

Drop off November 1st-3rd, Regular business hours. Click here for a location and number to the sites.

Traverse City

Munson Community Health Library and Munson Medical Center Diabetes Education Department.

Drop off November 1st-3rd, 9:00-2:30. Click <u>here</u> for a map to the locations.

November is Diabetes Awareness Month

Every November, we work to raise awareness about diabetes and highlight the impact of diabetes in our communities.

Many of NMDI's partners will be hosting their own events all month long! Check them out on NMDI's <u>calendar of events</u> or Facebook page. Here are just a few:

- Two Community Health Library Seminars on eye care and foot care with diabetes.
- Munson Medical Center's Diabetes Education Department is hosting "Meet Your Diabetes Educator," November 14th, 8-5 PM. Enter to win a Fit Bit!
- Munson Healthcare Grayling is offering foot screenings Nov. 6th, 8th, and 9th, from 4-6 PM. Visit NMDI's calendar to find out where.

If you want to host your own awareness event, there are so many great resources available at your fingertips to use during the month of November and on World Diabetes Day (November 14th). Here are some of NMDI's favorite tools:

- National Diabetes Education Program
- American Diabetes Association
- International Diabetes Federation



If we beat our record from last year, Dr. Vollbrecht promises she'll climb in the box again!