



NORTHERN MICHIGAN DIABETES INITIATIVE

STAKEHOLDER NEWSLETTER

THE GREAT CANDY TAKE BACK 2019

We are happy to announce that NMDI will once again be organizing a candy take back. The candy take back is an effort to encourage healthier eating habits following one of the sweetest days of the year - Halloween. There will be several candy drop spots across Northern Michigan. Last year we collected 838 lbs of candy - WOW! More information on the upcoming candy take back, including drop spots, will be shared via email and on the NMDI Facebook page.



DPP GRADUATES

I am pleased to announce the most recent group of Diabetes Prevention Program Coach Training graduates!

These folks completed a two day, hands on training that prepared them to teach the in-person DPP. Thanks to

Health Department of Northwest Michigan and District Health Department #10 for supporting this training.

CONGRATS GRADS!



NATIONAL DIABETES MONTH

November is a big month in the world of Diabetes because the whole month is dedicated to raising awareness about the disease and the impact it has on our communities. In honor of National Diabetes Month consider hosting a diabetes screening event, share diabetes resources in your lobby, participate in a health fair or share the prediabetes risk test with friends and family.

The American Diabetes Association also has some great videos on their website that show real people and how they live with diabetes. Worth sharing.

<https://www.diabetes.org/community/calendar-events/american-diabetes-month>



Training >>

Interested in becoming a DPP Coach? You can complete the DPP Coach Training ONLINE from the comfort of your office or home. Learn more about it by visiting: tacenter.emory.edu/focus_areas/diabetes

Photos >>

We love posting photos of diabetes related events and happenings on our NMDI Facebook page. If you are at a health fair, farmers market, teaching a class etc. snap a few pictures and send them my way: kchandler4@mhc.net.



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